

# **University of Pittsburg**

*Sustainable Cities: Amsterdam*

*CIEE Study Center Amsterdam*

***Sample Weekly Schedule***

*May 1 – May 29*

Day	Themes	Time
<b>Week 1</b>	Amsterdam: history, policies, developments	
<b>Monday</b> May 1	<p>Arrival – all flights to arrive by 12 noon</p> <p>Meet Hannah at large red &amp; white cube meeting point</p> <p>Group pick-up/Doelen Coach shuttle to Hostel</p> <p>Arrival/check-in Hostel</p> <p>Time to adjust/get settled</p> <p>CIEE Orientation (safety &amp; health, welcome packets)</p> <p>Neighborhood walking tour</p> <p>Welcome dinner @ Indonesian restaurant Kantjil en de Tijger</p> <p>Tram back to hostel</p> <p>Arrival hostel / evening free</p>	<p>9:30</p> <p>10:00</p> <p>10:30</p> <p>10:30-15:00</p> <p>14:14-15:30</p> <p>15:00-16:30</p> <p>16:30-18:00</p> <p>18:00-19:30/20:00</p> <p>20:00</p>
<b>Tuesday</b> May 2	<p>Morning:</p> <p>Pitt programming</p> <p>Lunch on own</p> <p>Afternoon:</p> <p>CIEE programming - guest speaker <a href="#">Jannegien Luursema</a> from local government 'Making Amsterdam: the department of urban planning' to talk about policy</p>	<p>9.00-12.00</p> <p>12.00-13.00</p> <p>13.00-14.30</p>
<b>Wednesday</b> May 3	<p>Morning:</p> <p>Pitt programming</p> <p>Lunch on own</p> <p>Afternoon:</p> <p>CIEE programming</p> <p>Survival Dutch Lesson with Prof. Bonny Wassing</p> <p>Canal tour on <a href="#">Ivan Frank Sloop</a> with Prof Wassing for historical background on the city during the tour</p>	<p>9.00-12.00</p> <p>12.00-14.00</p> <p>14.00-15.00</p> <p>15.00-16.30</p>
<b>Thursday</b> May 4	<p>Morning:</p> <p>Pitt programming</p> <p>Lunch on own</p> <p>Afternoon:</p> <p>CIEE programming</p> <p>Guided walking tour with Alex of <a href="#">Architectuur Tours Amsterdam</a>. Includes; bike infrastructure example <a href="#">Ijzide</a> by CS, <a href="#">Overhoekscampus</a>, Tolhuistuin, <a href="#">Buiksloterham</a></p>	<p>9.00-12.00</p> <p>12.00-13.00</p> <p>13.00-15.00</p>
<b>Friday, Saturday &amp; Sunday</b> May 5, 6 & 7	Weekend – no programming	
<b>Week 2</b>		
<b>Monday</b>	Morning:	9.00-12.00

May 8	Pitt programming Lunch on own Afternoon: CIEE programming Visit to KWR = water cycle research institute ( <a href="https://www.kwrwater.nl/en/about-kwr/">https://www.kwrwater.nl/en/about-kwr/</a> )	12.00-13.00  13.00-15.00
<b>Tuesday</b> May 9	Morning: Pitt programming  Afternoon: CIEE programming Site visit <a href="#">NDSM wharf</a> – port redevelopment <i>Meet behind CS where ferry's depart. NDSM ferry on far left when back to CS. Catch 12:45 ferry to NDSM Ruud will either meet you by ferry or at NDSM (15 min ferry ride)</i>	9.00-12.00  12:30 13.00-15.00
<b>Wednesday</b> May 10	Morning: Pitt programming Make way to CS / get lunch at station Afternoon: CIEE programming Site visit walking tour of IJburg with Arttra	9.00-12.00  12.00-13.00 13.00-15.00
<b>Thursday</b> May 11	Morning: Pitt programming  Afternoon: CIEE programming Guest speaker Edwin Dalenoord providing a business perspective on sustainability	9.00-12.00  15.00-16.30
<b>Friday - Sunday</b> May 12-14	Weekend – no programming	
<b>Week 3</b>		
<b>Monday</b> May 15	Morning: Pitt programming Lunch on own / make way to Pakhuis de Zwijger Afternoon: CIEE programming Site visit to <a href="#">Pakhuis de Zwijger</a> to learn about 'Cities in Transition' project	9.00-12.00  12.00-13.30 13.30-15.00
<b>Tuesday</b> May 16	Morning: Pitt programming Lunch on own Afternoon: CIEE programming Guest speaker from Urgenda Sander van Egmond– on examples of how the Dutch plan to dramatically decrease their levels of CO2 emissions & renewable energy: <a href="http://www.urgenda.nl">http://www.urgenda.nl</a>	9.00-12.00  12.00-13.00 13.00-14.30
<b>Wednesday</b> May 17	Volunteer Day CIEE programming Volunteer work at sustainable café/restaurant <a href="#">De Ceuve</a> 's newest project – a biogas boat (biogasboot.nl). Students will spend the day painting the barge of the boat	10.00-16.00

	Lunch provided on site. CIEE staff member Aline Mostert joining your group today.	
<b>Thursday</b> May 18	Morning: Pitt programming  Lunch on own  Afternoon: CIEE programming Site visit to Houthavens, a new climate neutral district- <a href="https://www.amsterdam.nl/projecten/houthaven/">https://www.amsterdam.nl/projecten/houthaven/</a>	9.00-12.00  12.00-13.00  13.00-15.00
<b>Friday - Sunday</b> May 19- 21	Weekend – no programming	
<b>Week 4</b>		
<b>Monday</b> May 22	Morning: Pitt programming Lunch on own Afternoon: CIEE programming Guest speaker Dr. Henk Wolfert Programme manager Research from <a href="#">Amsterdam Institute for Advanced Metropolitan Solutions</a>	9.00-12.00  12.00-13.00  13.00-15.00
<b>Tuesday</b> May 23	Morning: Pitt programming  Lunch on own/free time  Afternoon: CIEE programming Visit The Edge, sustainable office of the ZuidAs	9.00-12.00  12.00-15.00  16.00-18.00
<b>Wednesday</b> May 24	Morning: Pitt programming  Lunch on own  Afternoon: CIEE programming Guest lecture or site visit tba	9.00-12.00  12.00-13.00  13.00-15.00
<b>Thursday</b> May 25	Morning: Pitt programming Lunch on own Afternoon: CIEE programming Guest speaker UvA dr. Bontje on sustainable development in Ede Cities	9.00-12.00  12.00-13.00  13.00-15.00
<b>Friday</b> May 26	Morning: Free time Evening: Farewell dinner at <a href="#">Dauphine</a>	19.00
<b>Saturday &amp; Sunday</b> May 27 & 28	Weekend – no programming	
<b>Week 5</b>		
<b>Monday</b> May 29	Check-out & departure	

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